

7 Day Caribbean Cruise Packing List Betsi Hill



Packing

With a Packing List

CLOTHING	TOILETRIES
<ul style="list-style-type: none">• Shirts• Sweaters• Jeans• Shorts• Dresses• Skirts• Swimwear• Pajamas• Jackets• Underwear• Socks• Bras• Hats• Towels	<ul style="list-style-type: none">• Sunscreen• Medications• Bug spray• Shampoo• Body wash• Toothpaste• Toothbrush• Makeup• Hairbrush• Brush• Floss• Fl• T•
DOCUMENTS	TICKETS
<ul style="list-style-type: none">• Passports• Insurance• Tickets• Hotel reservations• Itinerary• Map• Driving license• Cash/Credit cards	<ul style="list-style-type: none">• PH• Ch• Ca• Ear• Lap• Men• Powe• Voltag
ACCESSORIES	MISC
<ul style="list-style-type: none">• Sunglasses• Umbrella• Belts• Tie• Jewelry• Purse• Backpack• Scarf	<ul style="list-style-type: none">• Luggage tag• Water bottle• Snacks• Light reading• Sleeping mask• Neck pillow• Blanket• Ear muffs

Women's Packing List

When preparing to pack for a 7-day cruise, I suggest that you choose a color palette to make packing easy. Of course, you can add neutrals, like white, tan, and black to fill in.

Many cruises have a “White Night Party” so think about adding a white dress, or slacks outfit.

If you have a LBD that can be dressed up or down, that is always in style, and perfect for a cruise vacation!

When out exploring, have a backpack or crossbody bag, or a fanny pack to keep your phone, charger, and sea card for getting back on the ship.

MY COLOR PALETTE

Primary Color: _____

Secondary Color: _____

Neutral Accent: _____

Women's Packing List

Notes:
How many do I need?

- Pants
- Crops / Shorts / Shorts
- Blouses
- Tops
- Casual Dresses
- Smart Casual Dresses
- Lingerie
- Undergarments
- Bathing Suit
- Coverup
- Sweater / Jacket / Shawl
- Hat
- Pajamas
- Shoes: Walking shoes / sandals / dress shoes

Men's Packing List

Notes:

How many do I need?

- Jeans / Casual Long Pants
- Shorts
- Slacks (If applicable)
- Suit Jacket (If applicable)
- Polo Shirts
- T shirts
- Collared Shirts
- Undergarments
- Board Shorts / Swim Trunks
- Sweater / Jacket
- Hat / Ballcap
- Pajamas
- Shoes: Walking shoes / flip flops / dress shoes (if needed)

Unisex

- Backpack
- Electronics: Phone / Camera / E-Reader
- Charging cords & plugs / Portable Chargers
- Skincare & Cosmetics
- Shaving Kit
- Toothbrush
- Bar soap, unless you want to use the provided shower gel
- Undergarments
- Sunscreen
- Body Lotion
- Multi plug without surge protector
- Passport / Credit Cards / Vaccine Card
- Boarding pass & cruise docs
- Medications

Become a Packing Ninja!



4 Steps For Stress-Free Packing

Step #1

- I begin my packing by reviewing where we are going. Is it going to be warm? Is it going to be cold? Or will it be warm during the day and chilly at night? Once I have done a weather check, then I can begin the process of choosing my clothing.
 - I usually lay ALL of the possibilities out on the bed. Do I want to have a carry-on bag? Do I want to have checked bags? This is the first step in determining how I am going to pack a suitcase.
- The size of your carry-on luggage matters as well as the weight of your checked bag. When you are planning your travels, remember that you want to pack light so your checked bag doesn't cost you more.
 - Carry-on bags are usually included in the cost of your flight, but you still need to keep them under a certain weight and size.
- You may want to consider using a duffel bag for your carry-on bag. You see a lot of frequent travelers carrying a duffel bag as their carry-on bag.
 - Another tip for your carry-on bag is to add a dryer sheet to keep your clothes smelling fresh and clean during your travels.

Step #2

- **Step #2**

Step two is to decide on a color “theme” to ensure I will not overpack. If I am confident that I will be traveling for less than 5 hours I can choose clothes that may wrinkle, but don’t have time to let those wrinkles “set in” (I hate to iron, and I refuse to iron on vacation!). Choosing wrinkle free clothes is always my preference for trips longer than a few hours.

Step #3

- The third step is to begin to put outfits together for each day, or each activity. After this step, I usually have only decided to take about half of what I originally pulled out of my closet. So I now put away those clothes that I have decided NOT to take.
- Then, the rest is fairly easy. I gather my undergarments together and add them to the stack of items to be packed. Then, I gather a swimsuit or three (depending on the locale and mode of transportation) and add these to the stack to be packed.
- And finally, it’s time for footwear. I always take a pair of light-weight tennis shoes for fitness and walking/hiking. If the occasion calls for dressier clothes I will also take a pair of dressy flat sandals. If not, I will put in a pair of walking sandals and a pair of sandals that can be worn day to night.

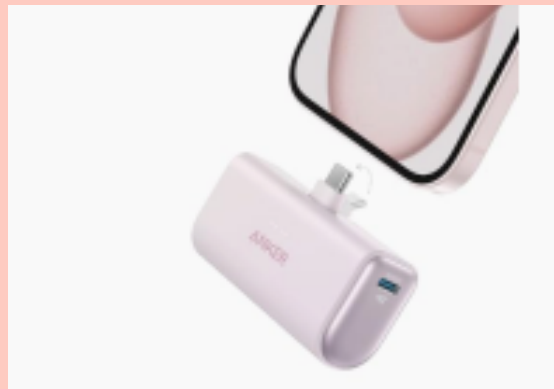
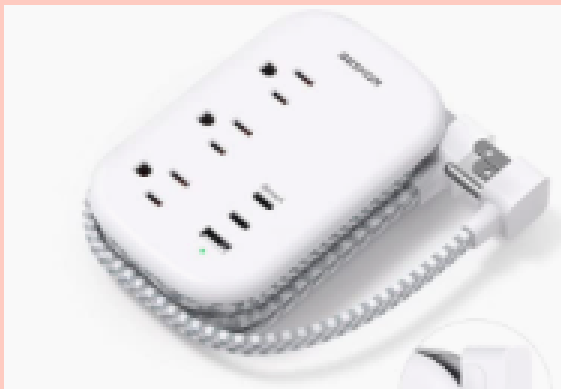
Step #4

- Step four is the actual packing stage.
 - To even out the bottom of the suitcase, shoes are wrapped in grocery bags (you can later reuse these for dirty laundry, or damp swimsuits).
 - Then it is on to pants, shorts, and skorts. These are laid out, and then rolled, bottom to top. Roll your pants and put them into the suitcase.
 - Next, are dresses. They are rolled and put into the suitcase (placed next to and on top of the previous layer). Following the dresses are tops; rolled and placed on top of dresses. On top of the dresses (unless your suitcase has a zippered compartment) place your undergarments (and bathing suit). If you have dress clothing – suits, fancy dresses, etc, place these in an old dry-cleaning bag (or garbage bag) and place them on top.
- Cosmetics are all travel size. I place a small square of saran wrap over my bottles and then cap the bottles to prevent spills. Then I place them into a cosmetic bag, and pop that into my suitcase.

**Congratulations! You are now a
Packing Ninja!**

My Favorite Cruise Essentials

Top Essentials for a cruise vacation



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